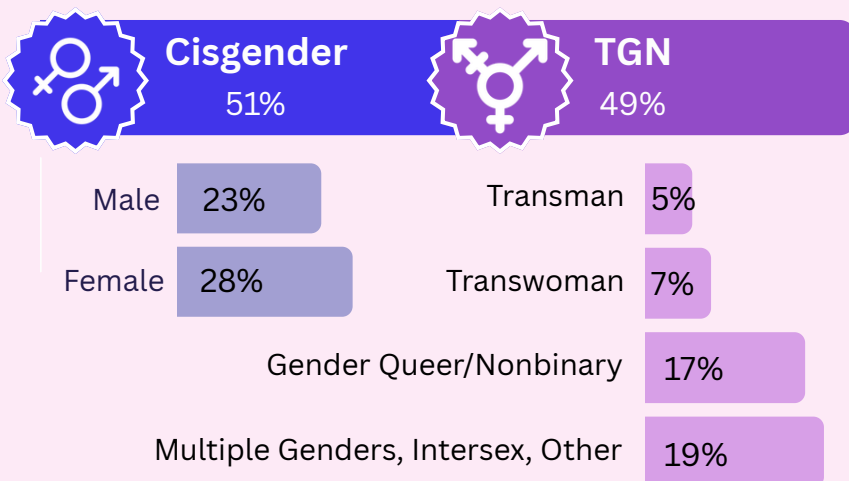


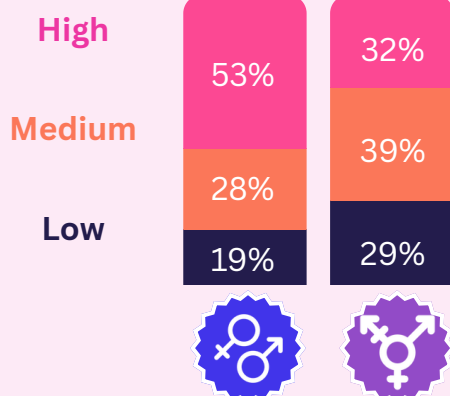


A Snapshot of Transgender and Gender Nonconforming New Yorker Health

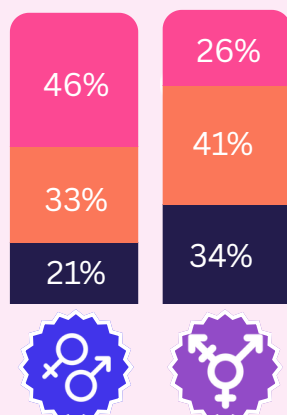
Among 685 LGBTQ+ New Yorkers surveyed in 2025, approximately half self-identified as transgender or gender non-confirming (TGN)



Quality of Health



Quality of Life



TGN individuals were significantly more likely to report poorer health and quality of life outcomes compared to cisgender LGBs

*Cisgender vs TGN differences are statistically significant at $p < .05$

While New York sets an exemplary standard in protecting TGN individuals through legislation like the “Safe Haven Law,” findings indicate that TGN individuals still face major barriers in the state

Overall Healthcare Barriers

TGN New Yorkers are twice as likely to report having experienced prejudice in provider settings and challenges with insurance providers

Problems Experienced Seeking Health & Human Services



Fear, stigma, or prejudice	11%	28%
Lack LGBTQ+ affirming providers	14%	37%
Cost or unaffordability	21%	34%
Insurance problems	17%	32%

**Cisgender vs TGN differences are statistically significant at $p < .05$*

**Percentages are the proportion of respondents who selected either “much of the time” or “mostly or always” on a 4 point scale*

Gender Affirming Care Among TGN Individuals

Hormone Therapy Demand

Transman	92%
Transwoman	76%
Gender Queer/Nonbinary	29%
Multiple Genders, Intersex , Other	51%

Barriers to Hormone Therapy

Insurance problems	45%
High cost	41%
Inconvenient process	39%
Difficulty finding providers	36%
Stigma	34%

Transmen and transwomen were more likely to seek hormone therapy than other TGNs

Nearly half of TGNs report insurance problems when seeking hormone therapy

\$ Socioeconomic Highlights

Nearly half of TGN New Yorkers make less than \$50k annually, exposing disproportionate barriers to housing and food security



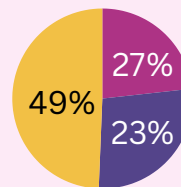
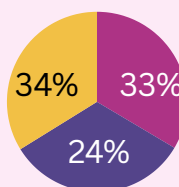
Income



\$100k+

\$50k-99k

Less than \$50k



Not Enough Money for Housing

Some or Most of the Time

Never or Rarely

17%

83%

27%

73%



Not Enough Money for Food

Some or Most of the Time

Never or Rarely

19%

81%

28%

72%

**Cisgender vs TGN differences are statistically significant at $p < .05$*



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Gender iconography sourced from flaticon.com

This work is a product of the New York State LGBTQ+ Needs Assessment, a collaboration of CUNY Graduate Center, TRX Development Solutions, and In Our Own Voices. This research is supported by the NYS Department of Health, Office of LGBTQ Services.

This particular report was prepared by Caitlyn Egan (PhD student) and Juan Battle (Professor) at the CUNY Graduate Center

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